



PATIENT INSTRUCTIONS FOR THE COLLECTION OF MID STREAM URINE FROM MALE PATIENTS

GENERAL INFORMATION:

If your doctor suspects you have a bladder infection, a carefully collected and tested urine sample is an important part of the assessment.

A. METHOD OF COLLECTION

1. You will be given a supply of tissues and a sterile plastic container with a yellow top.
2. Wash your hands before you collect the sample.
3. Wet a tissue and wash the tip of your penis. Uncircumcised patients should retract the foreskin.
4. Dry the tip of your penis with a tissue.
5. Pass the first part of urine into the toilet without stopping. The middle portion is passed into the sterile yellow top container. The container should be at least $\frac{1}{4}$ full.
6. Void the final part of urine into the toilet.

NOTE:

- A. When you handle the yellow top container, it is important that you don't touch the inside of the container as this may introduce unwanted germs which will complicate testing.
- B. If the specimen is to be collected at home, store the specimen in the refrigerator (not freezer) and deliver to the nearest collection centre or to your doctors surgery for transportation to the laboratory.