

PATIENT INFORMATION SHEET FOR THE COLLECTION OF GESTATIONAL DIABETES SCREEN - 50g

PURPOSE OF THE TEST:

Used in the screening of Diabetes Mellitus.

PREPARATION FOR THE TEST:

1. You are not required to fast or follow a special diet before the collection procedure.
2. You must stay in the Collection Centre for the duration of the test and must refrain from smoking.
3. No booking required.

METHOD OF COLLECTION:

1. On arrival you will be given a glucose (sugar) solution to drink containing 50g glucose. You should drink all the liquid over a period of no more than five to ten (5-10) minutes.
2. One blood sample is collected at 60 minutes (1 hour) after the drink.

For further inquiries or additional information regarding this testing procedure you can either speak directly with the attending pathology collector or by contacting the main laboratory Customer Service Department on 1300 633 522.