

## PATIENT INFORMATION SHEET FOR THE COLLECTION OF FAECES (STOOL) SPECIMENS FOR OCCULT BLOOD

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### PREPARATION FOR THE TEST:

1. Specimens should not be collected during or within three days of menstrual period or if the patient suffers from bleeding hemorrhoids or blood in the urine.
2. Alcohol, aspirin and other medications taken in excess may cause gastrointestinal irritation resulting in occult bleeding. Such substances should be discontinued at least 48 hours prior testing.
3. No dietary restrictions are necessary before using the FOB One Step Faecal Occult Blood Test Device (Faeces).

### METHOD OF COLLECTION:

1. You are given three brown lid, white plastic jars/containers.
2. Collect one stool sample each on three days (use one jar/container for each collection).
3. Pass the faeces into a clean plastic container and using the scoop located on the lid of the brown top jar/ container, transfer a small portion of faeces into a brown-top jar/container.
4. Place the lid on the jar/container and tighten the lid firmly to prevent leakage. The patient is to discard the remainder of the sample into the toilet.
5. Label the jar/ container with your name, date of birth, date and time of collection. Deliver to the nearest Medlab Collection Centre or to your Doctors surgery for transport arrangements.

For further inquiries or additional information regarding this testing procedure you can either speak directly with the attending pathology collector or by contacting the main laboratory Customer Service Department on 1300 633 522.