

## PATIENT INFORMATION SHEET FOR THE COLLECTION OF 24 HOUR URINE

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**WARNING:** The 24-hour urine bottle may contain an acid preservative solution and may cause burns. You may also experience a strong smell and vapour when opening the lid, which is normal and due to the acid solution in the container.

Please, do not empty the acid preservative from the bottle. If the solution comes in contact with clothes, skin or eyes, immediately rinse thoroughly with cold water. If symptoms persist, please see your doctor.

### METHOD OF COLLECTION:

1. Empty bladder into toilet upon waking up in the morning .This specimen is NOT to be collected into the 24 hour urine container. This is your starting time and date.
2. Record on the 24hour urine container the starting time and date you passed the urine.
3. Collect ALL urine over the next 24 hours directly into the provided 24 hour urine container. This includes ALL the urine you pass during the night. If you are concerned about splashing contact with the contents of the container, it may be advisable that you collect the sample into a clean container, and then carefully empty the contents into the provided 24 hour urine container.
4. Empty your bladder upon waking the next morning and collect as your last sample for inclusion. This is your finishing time and date.
5. Record on the 24hour urine container the finishing time and date you passed the urine.
6. The 24 hour urine container should at all times be **stored in a cool, dry place**. The container may also be stored in a refrigerator if possible.

Please return the 24 hour urine container promptly to the nearest Medlab Collection Centre or your Doctor's surgery for transportation to the laboratory.

For further inquiries or additional information regarding the testing procedure, you can either speak directly to your doctor, or the attending pathology collector, or by contacting the main laboratory Customer Service Department on **1300 633 522**.

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