



PATIENT INFORMATION SHEET FOR THE COLLECTION OF URINE SPECIMEN FOR CYTOLOGY

METHOD OF COLLECTION:

1. When you get up in the morning, empty bladder into the toilet.
2. Drink approx. 1 litre of water. Wait at least 30 minutes.
(A mid-morning specimen is the best)
3. Collect a urine specimen into a yellow topped jar/container, making sure the jar is at least half full.
4. Place the lid on the jar/container and tighten the lid firmly to prevent leakage.
5. Label the jar/container with your name, date of birth, date and time of collection.
6. Collect a sample on three (3) separate mornings (preferably consecutive days) following the instructions above. It is preferred that each specimen be dropped off at the surgery or the nearest Medlab Collection Centre each day as soon possible after collection or refrigerate the specimens if there will be a delay.

NOTE:

Ensure you are given 3 yellow-topped jars/containers and three request forms which need to accompany the specimens. All 3 yellow-topped jars/containers must be labelled with your name, date of birth, date and time of collection.

For further inquiries or additional information regarding this testing procedure you can either speak directly with the attending pathology collector or by contacting the main laboratory Customer Service Department on 1300 633 522.

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